



SENIOR SMILES

## Caring for Dentures

Maintaining a healthy mouth:

- Approach the resident in a relaxed and calm manner
- Using both hands, use your fingers to push the denture out (for partial dentures you will need to push down on the clasps)
- Hold denture securely over a basin filled with water
- Brush the denture with soap and water only, rinse with water thoroughly
- Dentures should be disinfected weekly in white vinegar or steradent solution
- Check residents' mouth daily for changes
- Have the dental hygienist/oral health therapist check residents' mouth every 3-6 months



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