

## Trainer Mentor Program – Application Form

## **IMPORTANT**

This document is only to show you the information you need to collect and provide to the Maggie Beer Foundation, to apply for the Trainer Mentor Program.

Submit your application on the Maggie Beer Foundation website

https://maggiebeerfoundation.org.au/.

About your Aged Care Home	
Name of Aged Care Home	
Address	
NAPS-ID	
Provider Type*	Not for profit For profit Government operated
Remoteness Rating *	MM1 - Metropolitan MM2 - Regional centres MM3 - Large rural towns MM4 - Medium rural towns MM5 - Small rural towns MM6 - Remote communities MM7 - Very remote communities
How many beds do you have? *	0-19 beds 20-39 beds 40-59 beds 60-79 beds 90-99 beds 100+ beds
Overall Star Rating *	1 -5 stars

Contact Details	
Home Representative 1	
Name	
Email address	
Phone number	
Role	Board member CEO General Manager Catering Manager Other
Home Representative 2	
Name	
Email address	
Phone number	
Role	Board member CEO General Manager Catering Manager Other
About your residents	
How many residents do you have from each of the following diversity groups?	Cognitive impairment (e.g. dementia) Aboriginal and Torres Strait Islanders
	Culturally and Linguistically Diverse
Does your Aged Care Home have a specific cultural focus?	Yes (please specify) No
How many residents do you have with the following special dietary needs?	Texture Modified Diets – L4 Puree Texture Modified Diets – L5 Minced and moist Texture Modified Diets – L6 Soft and bite-sized Vegetarian/ Vegan Allergies (e.g. lactose free, gluten free) Fluid restriction High fibre Religious diets (e.g. halal, kosher) Other
About the Food Service Team	
How many people are in the Food Service Team?	

How many of each of the following roles do you have in the Food Service Team?	Executive Chef/ Catering Manager Head chef/ head cook Support chef/ support cook Kitchen hand Other
How would you describe your staff turnover in the kitchen?	Very high turnover Above average turnover Average turnover Below average turnover Low turnover
In the last 3 months, how many shifts have been filled by agency staff?	# of shifts
About your Food Service	
What's your food preparation model? *	Cook fresh Cook chill
How and where is food made? *	Internal catering – on site Internal catering – off site Contract catering – on site Contract catering – off site
What is your average spend on food and nutrition per resident per day?	Average \$ per person per day
How would you rate your current food and dining service?	1 – 5 stars
Explain the reason for your score	Up to 300 words
How do you involve residents and families in menu planning?	Regular menu reviews meetings Resident surveys Taste testing Personalised menu options Chef-Resident interactions Menu Comment Cards Trial period for new menu items Other
About Education and Training	
What motivated you and your Aged Care Home to apply for this program?	Up to 300 words
What do you want to gain through the Trainer Mentor Program?	Up to 300 words
What recent training have your staff been offered or completed regarding food, nutrition and dining experience?	IDDSI Training Menu Planning Food Safety

	Cooking Training Cultural Sensitivity Waste Management Other No
What education and training from the Maggie Beer Foundation have your staff completed?	Online Learning Modules Masterclass State and Territory Hub Other None
It is strongly recommended that Food Service Staff complete all Online Learning Modules before starting the program. Do you agree to ensure this is completed?	Yes No
Demonstrating your commitment	
To what extent do you anticipate the following will be barriers to training and implementing change	Time for cooks and chefs to attend Staff turnover Policies and procedures Attitude/ organisational culture Inadequate equipment Cost
How will you overcome these (and any other) barriers?	Up to 300 words
Do you agree to provide the following information to tailor the program to the individual needs of your Aged Care Home?	Menu and food photos Standard recipes and nutritional information Photos of kitchen, dining rooms and courtyards List of pantry items Food Safety Manual Audit of kitchen equipment Completed Food satisfaction Questionnaires
How do the Board and Senior Management demonstrate their commitment to improving the food, nutrition and dining experience?	Eat food served to or dine with residents Participate in food committees Attend resident council meetings Experience theme meals and other special occasions Celebrate or share food related achievements Other None
How will you share knowledge and skills with other Aged Care Homes (e.g. in your Group or locally)?	Up to 150 words
How will you maintain change beyond the life of the program?	Up to 150 words

Please upload a letter of support from your	Upload word or pdf document
Board, CEO or Senior Leadership Team outlining the home's commitment to improving the food and dining experience.	

<sup>\*</sup>Field not required if you provide a valid NAPS-ID